

Multiple Sclerosis Wellington



Annual General Meeting

2024

Come to our AGM on Saturday 18 May

When: 10am Saturday 18 May 2024

Where: Upper Hutt Cossie Club, Logan St, Upper Hutt

Please mark your diary now and come along on the 18th to learn what WMS achieved in 2023 and what the Committee is planning for the future.

The papers for the meeting will be published on this webpage as they become available and copies will be available on the day.

Please RSVP using the button below to assist our planning for this important event.

RSVP to the AGM



Members Wanted

Could you serve on the Wellington MS Committee?

Wellington MS is always on the look out for talented people with a range of skills and/or lived experience to serve on its Committee of hard-working volunteers.

The most important quality is a passion for helping WMS to serve its community of people with MS and their whanau/family around greater Wellington.

We understand that people have busy lives and are happy to be flexible, so that your involvement with WMS can be tailored to fit around your other commitments.

If you have knowledge and skills that will help to continue the important mahi (work) of WMS and a few hours to spare each month, please consider offering your services.

The Committee meets on the third Tuesday of each month (except January), usually over Teams. All of our hardworking Committee Members are volunteers who generously give their time to the society and the work it does supporting PwMS around greater Wellington.

If you would like to do something that matters by improving WMS and the services it offers then please reach out to express your interest by emailing steve@mswellington.org.nz or ross@mswellington.org.nz. Appointments will be confirmed at the AGM.

Bangers to Bluff

What a blast Bangers to Bluff was! We can't believe it's over already for another year.

Some of the WMS team were lucky enough to meet up with Graham and Jeff (MSNZ's Bangers-to-Bluff team) once or twice as they came through town.

Check out the amazing photos on MSNZ's facebook page or the Bangers to Bluff facebook page.



Rachelle McIntyre launches her first book 'Mrs M'

Congratulations to well known Wairarapa client Rachelle McIntyre, who has just launched her first book.

The book was created and published with the support of two of her former WMS Community Advisors. WMS supported the first print run, through a one-off assistance grant.

Click here to read the full article on our website.

Thanks to our Generous Funders

Thanks to Jocelyn Fagerstom, Mike Upton and the Cellar Room in Brooklyn for their generous donations.

If you would like to support the important work WMS does enabling people with MS in greater Wellington to lead their best lives please make a donation using the button below.

Make a Donation Today

Global MS Awareness day Thursday 30 May 2024

JOIN OUR QUIZ NIGHT AT SPEIGHT'S ALEHOUSE PETONE

Raising Awareness and Funds to support people with MS

Quiz Night for Global MS Awareness Day

On Thursday 30 May at 7pm we're holding a Pub Quiz at Speight's Ale House Petone to raise MS awareness and funds to support our operational costs.

Ticket price of just \$20 (or \$100 for a table of 6) includes finger food and there are great raffles and spot prizes to be won.

Read more on our website or email <u>suzanne@mswellington.org.nz</u> to book.

Could you be our new Face of MS?

To keep our Face of MS campaign content fresh and interesting, we are looking for a new face for Wellington.

If you think you could be the new Wellington region 'Face of MS' to take the campaign forward, then please get in touch. You need to be willing to have your story and image shared as part of the campaign.

A special thank you to Nick Brandon, who has been a wonderful Face of MS for the last few years. Click here to see last year's campaign showcasing Nick here.

Contact suzanne@mswellington.org.nz to find out more.



TriknTrike at Wellington Home Show

Brett Lindsay will be fundraising for Wellington MS with his <u>TriknTrike</u> at the Wellington Home Show, 10-12 May 2024.

The trikes are accessible and suit most abilities. Brett is generously offering a voucher as one of our Quiz Night prizes (see our earlier story in this newsletter).

Please pop by and say hi to Brett if you go along to the show, and pass on our thanks for helping to raise much needed funds for WMS.

Committee Changes

Annual donation statements

WMS would like to welcome to Monica Madukwe to the Committee.

Unfortunately some of our committee have stepped down to focus on other things.

We would like to thank Chelsea Quinn, who's been a very capable secretary over the last few years. Thanks also to Oliver Burton, Alexis Mundy and Su Mon Win for their service. We have sent out annual statements to our supporters who make regular donations, so people can claim a rebate when they prepare their tax return.

If you haven't received yours please email suzanne@mswellington.org.nz.

2024 CBD and Supermarket Appeal

Planning for this year's 2024 CBD and Supermarket Appeal has started, coninciding with MS Awareness Week (9-15 September)..

We've reached out to our collection locations to book their sites, from Wednesday 11 September (Wellington CBD) until Friday 13 September.

If you can help by organising a collection location or might be able to help collect then please email suzanne@mswellington.org.nz.



Free Webinar: New treatment options for people with MS

Join the Neurological Foundation online for this great free Digital Discovery session about New treatment options for people with multiple sclerosis (MS).

Date: Tuesday 14th May

Time: 7pm

Learn more: https://neurological.org.nz/get-involved/events/2024/may/new-

treatment-options-for-people-with-multiple-sclerosis-ms











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