

ms

Wellington Multiple Sclerosis



2026 MS Awareness Campaign A Success

Our annual MS Awareness Week has been effective at raising awareness about MS while raising funds to support the vital free mobile service that we provide to our MS families around greater Wellington.

We thank you all and your supporters for generously giving your time and donations to support this important mahi.

Our website experienced almost 40% more hits last month than usual.

We've just banked last donations and have reached an amazing total of \$12,135. Thanks once again for your support. We couldn't do it without you!

If you haven't donated yet then we will be grateful for any contribution you can spare to our fabulous service using the button below.

Yes! I Want to Donate Now



A New Car for Our Community Advisors

We've finally taken ownership of a badly needed new car for our Community Advisor Maria Luisa Suarez to use while she's out and about supporting PwMS in greater Wellington.

Our old Kia was 14 years old and rising maintenance costs meant it was becoming increasingly less-economic to run.

Our grateful thanks to the organisations that granted funding: Pub Charity Ltd, Aotearoa Gaming Trust, Dorothy Hamilton Memorial Trust and Kapiti Masons.

Read more: <https://wellingtonms.org.nz/about-us/new-news-page/a-new-car-for-our-community-advisory-service/>



When	Event (Click the link to read more)
7pm, every Tuesday in October	Host Charity for Sprig & Fern Petone Pub Quizzes - come along and join the fun!
Saturday 17 October	Gotham Knights Cosplayers at Spring Into Tawa
5.30pm Sunday 15 November	WMS Community Pub Quiz at The Empire Petone (see below)

2026 Quiz Nights



WMS Community Fundraiser at the Empire Petone

We've been wanting to hold an event where our WMS Community can mix, mingle and socialise for a while and found this opportunity just in time for an end of the year get-together.

The event will be held in The Empire's large accessible heated and enclosed patio area. There is some first-come parking behind the pub and plenty of free spaces in the council's Peel carpark directly behind. Even better, the parking will be free at the time of our booking!

You're welcome to join us for a self-funded meal followed by a pub quiz fundraiser, raffles and other activities. If you can't come on the night it's possible for individuals and teams to join remotely, so do get in touch so we can work something out. Full details will be available on our website shortly.

Read more: <https://wellingtonms.org.nz/about-us/new-news-page/wms-community-pub-quiz-fundraiser-5-30pm-sunday-15-november-2026/>

October's Quiz Month at Sprig + Fern Petone

We're host charity again for Tuesday night pub quizzes at Sprig + Fern Petone.

A big thank you to Sprig+ Fern and quizmaster David for putting on these great events that help raise funds for small charities like ours.

A special thanks to Pak'nSave Petone, Supreme Coffee, Bidfoods Ltd, Alina Pescini and Bunnings Petone for generously donating prizes for the month. Special thanks to the committee and other volunteers who go along to help run these fun evenings.

Read more: <https://wellingtonms.org.nz/about-us/new-news-page/wms-community-pub-quiz-fundraiser-5-30pm-sunday-15-november-2026/>

Recent Funders

In addition to the organisations who funded our new career we'd also like to say

[Click here for more information in alternate formats.](#)

Do You Need To Retrain? COGS Wellington and COGS Hutt Valley

- Upper Hutt City Council

WMS NZ is offering a \$5000 fee for a career change after they've been diagnosed with MS.

Read more: <https://wellingtonms.org.nz/support-us/>

Read more: <https://wellingtonms.org.nz/about-us/new-news-page/dorothy-newman-scholarship-for-pwms-who-need-to-retrain/>

Seeking New Committee Members for WMS

We're always keen to strengthen the committee and are also aware that two vacancies, including the Treasurer, will be arising shortly.

Read more: <https://wellingtonms.org.nz/about-us/new-news-page/do-you-have-what/> or email steve@wellingtonms.org.nz for more info.

A Gift That Keeps On Giving

Because we rely on generous donations to continue to operate the Community Advisory Service it's important that we can count on a constant, regular source of income - it helps us budget, and also makes giving easier for you!

Once you've set up an automatic payment or payroll giving, we'll make sure you receive an annual receipt so that you can claim your tax rebate.

You can find out more and learn about other ways to support our work including through a gift in your will through the link below.

Read more: <https://wellingtonms.org.nz/donate/>

MS Stories

The latest MS Awareness Week encouraged the sharing of stories about MS.

Read more:

<https://www.msnz.org.nz/about-msnz/latest-news/ms-stories/>

Christmas Parties

The Community Advisors have started organising these so get in touch if you're keen to help with organising the party in your area or want to come along.