

ms

Wellington
Multiple Sclerosis





Music Group Pilot Hits a High Note

The free Music group pilot in Naenae is now up and running.

The pilot has been made possible by a generous grant from Hutt Mana Charitable Trust to cover meeting room costs, some musical instruments and equipment, a music tutor (in addition to Debs who's leading the group on guitar) and even some biscuits.

Read more: <https://wellingtonms.org.nz/about-us/new-news-page/music-group-pilot-hits-a-high-note/>

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**OPEN HOME
FUNDRAISER**

Every ticket supports the Wellington MS
Free Community Advisor Mobile Service.

worldMSday
30 MAY

micah
aka

Thanks for Supporting the Architect Designed Open Homes Fundraiser

Thank you for supporting this amazing fundraiser for Wellington MS, which was held on 30 May to mark World MS Awareness Day.

Purchasing a \$25 ticket online allowed ticketholders to get a peek inside the two inspiring Brooklyn homes and those touring the homes were very

enthusiastic about getting the opportunity to look inside. The event raised a very grand total of \$4325.

A huge thank you to Micah Rickards who initiated this fundraiser. Micah is also Architect of the multi-award-winning Walker Box and Person with MS, and developed the fundraiser as a way to support his local MS Society.

Read more: <https://wellingtonms.org.nz/about-us/new-news-page/two-architect-designed-homes-open-their-doors-for-global-ms-awareness-day-a-wms-fundraiser-3/>

If you missed the fundraiser but would like to make a donation you can make an online donation below.

Donate Online

AGM Update

Another successful AGM was held on 16 May at the Upper Hutt Cossie Club.

The Committee and Ops Team reported on the year, before handing the floor over to Professor Anne La Flamme and her research team, so guests could hear about latest MS research. You can view the recording of the Facebook livestream through the link below.

Read more: <https://wellingtonms.org.nz/about-us/new-news-page-2/2026-agm-10am-saturday-16-may-3/>

MS Awareness Week Collection

We will be holding another collection to mark MS Awareness Week Monday 14 - Sunday 20 September. Most of our collecting will be taking place on Thursday 17 or Friday 18 Sept '26.

A huge thank you to everyone who has already offered their support. If you're happy to lend a hand but haven't yet been in touch please talk to your Community Advisor or send an email through the button below.

Yes! I can help with the
collection

Dates For Your Diary 2026

Monday 14 - Sunday 20 September - MS Awareness Week Collection

Saturday 17 October 2026 10am - 3pm Glen Sullivan and the Gotham
Knight Cosplayers at Spring into Tawa

October, Every Tuesday - Host Charity at the Sprig & Fern Petone Pub Quiz



Ride for MS - an MSNZ Fundraiser

One unforgettable adventure, one great cause. Help over 5000 kiwis and ride the journey of a lifetime from the Bay of Islands to Hokianga Harbour and beyond. This 5-day e-bike tour might be the best thing you do this year, while you raise funds for Wellington MS and MSNZ.

Read more: <https://fundraise.msnz.org.nz/event/ride-for-ms-2026>

Oceans of Hope

Oceans of Hope is an international sailing project for people with MS, showing what's possible when you step outside your comfort zone.

The challenge is open to anyone with MS, regardless of sailing experience, and is

Rethinking Future MS Care

You might have heard about the powerful speakers at the recent MSNZ- MSRT research event held at Parliament Buildings on 28 April.

If you missed them you can view the recording of the presentations through the link

designed to empower, inspire, and connect.

Read more:

<https://www.msnz.org.nz/supports-resources/scholarships-and-grants/oceans-of-hope-challenge-nz/>

below.

Read more:

<https://wellingtonms.org.nz/about-us/new-news-page/rethinking-the-future-of-ms-care-recorded-event/>

Get Involved - Patients as Teachers

The University of Otago Wellington's Interprofessional Education (IPE) Department is seeking volunteers to meet with a small group of 3-4 students and share their story. The conversation usually lasts about 45 minutes and is scheduled to fit the volunteer's availability and preferred location.

Go to University of Otago online form:

https://otago.au1.qualtrics.com/jfe/form/SV_cZ65hFNRH4CHMI8



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